Case 2: Pregnancy with Delivery

Related Concepts: Comfort, Thermoregulation, Circulation, Hormonal
Threaded Topics: Diabetes Management, Medication Safety, Nutrition, Communication, Wellness

Olivia Hernandez is a 28-year-old who gave birth to a 4800-gram infant three years ago at 36 weeks gestation. Her daughter spent a week in the Neonatal Intensive Care Unit with unstable blood glucose levels, breathing, and feeding problems. She is currently 28 weeks pregnant with her second child. She is 5 ft 3 inches tall, and her pre-pregnancy weight was 170 pounds. She has an O+ blood type, is human immunodeficiency virus (HIV) negative, rubella immune, and is venereal disease research laboratory test (VDRL) non-reactive. She is married to Juan, her husband of six years. Both Olivia’s mother and grandmother have type 2 diabetes.

Olivia comes to the health care provider for a prenatal visit and glucose challenge test. The provider notes that she had gained 8 pounds since her last appointment two weeks ago. Olivia says she fasted the night before coming to the clinic, and typically eats a diet of rice, beans, tortillas, and some meat, prepared by her mother and grandmother.

1. NurseThink® Prioritization Power!
   Evaluate the information in the case above and determine the Top 3 Priority concerns or cues.
   
   1. 
   2. 
   3. 

2. Based on the priority concerns, which action(s) should the nurse perform? Select all that apply.
   
   1. Complete a glucose challenge test.
   2. Obtain a blood pressure.
   3. Complete a 3-hour oral glucose challenge test.
   4. Obtain a finger sample blood glucose level.
   5. Complete a 24-hour food recall.