# ROLE OF NURSES IN PATIENT SAFETY DIAGNOSES & MITIGATION OF DIAGNOSTIC ERROR

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## DISCLOSURES

- College of Emergency Nursing Australasia representative, Australian **Resuscitation Council (unpaid)**
- member, International Liaison Committee on Resuscitation (ILCOR) Basic Life Support taskforce (unpaid)
- Deputy Editor, Australasian Emergency Nursing Journal (honorarium)
- No financial conflicts



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Diagnosis

- shift way from term 'diagnosis' to 'health problem'
- diagnosis  $\rightarrow$  diagnostic process
- *"the diagnostic process is a complex, patient-centered, collaborative activity that involves information gathering & clinical reasoning with the goal of determining a patient's health problem"*

Diagnostic error

• *"failure to establish an accurate and timely explanation of the patient's health problem(s) or communicate that explanation to the patient"* 

Institute of Medicine 2015 Improving Diagnosis in Health Care





Indicators of High-Quality HealthCare

- safe: avoiding injuries from the care that is intended to help patients
- effective: providing services based on scientific knowledge, refraining from services not likely to benefit
- patient-centred: care that is respectful of & responsive to individual preferences, needs, and values
- timely: reducing waits & sometimes harmful delays
- efficient: avoiding waste equipment, supplies, ideas, & human resources
- equitable: providing care that does not vary in quality because of personal characteristics (gender, ethnicity, geography, and socioeconomic status)

Institute of Medicine 2001 Crossing the Quality Chasm: A New Health System for the 21st Century



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Contributing factors to diagnostic error

- patient & family factors: non-specific symptoms, communication challenges, preferences, dislikes, cultural considerations
- clinician factors: experience, educational preparation, stress, fatigue, professional silos, decision biases (cognitive dispositions to respond)
- perceptions of diagnosis: static vs dynamic, potential for evolution, misdiagnosis viewed as negative
- system factors: time pressure, interruptions, competing priorities, compliance vs safety & quality
- diagnostic tests: sensitivity & specificity limitations, test results vs patient's clinical status



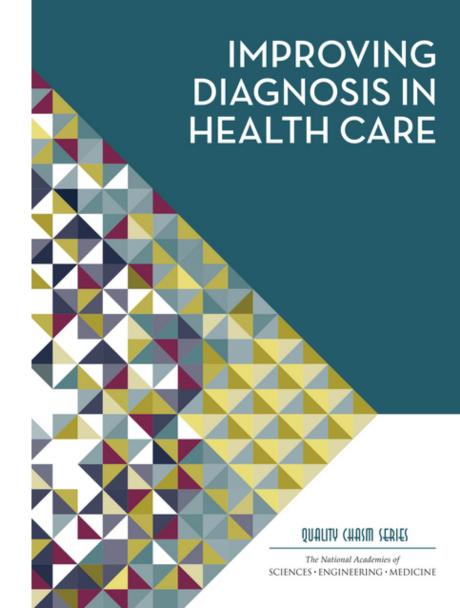


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Three central tenets

- diagnostic error is an underappreciated cause of harm in healthcare
- patients are central to the solution
- diagnosis is a collaborative effort

".... nurses are often not recognized as collaborators in the diagnostic process, despite their critical roles in ensuring communication, care coordination, and patient education; monitoring a patient's condition; and identifying and preventing potential diagnostic errors"

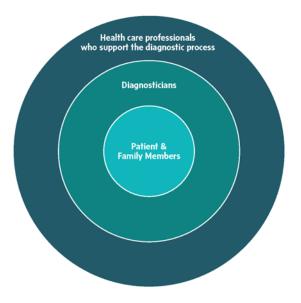


### **Conceptual model**

 "diagnosticians, or those who make diagnoses, such as physicians, APNs, & PAs"

and

 "health care professionals who support the diagnostic process, such as nurses, pharmacists, laboratory scientists, radiology technologists, medical assistants, and patient navigators"



**FIGURE 4-2** Teamwork in the diagnostic process includes the collaboration of a patient and his or her family members, diagnosticians, and health care professionals who support the diagnostic process.



# **ROLE OF NURSES**

Nurses

- are the largest component of the health workforce
- have greatest bedside presence of any professional group
- are responsible for structures, processes & outcomes of care 24/7
- have key patient safety responsibilities
  - surveillance
    - accurate measurement & interpretation of clinical data
    - data driven decision making
  - symptom management
  - prevention of complications & adverse events





### Safe healthcare is a team sport ... patients are safer when nurses

- have appropriate nursing workloads <sup>1,3</sup>
  - $\leq 6$  patients per RN (compared to  $\geq 10$  patients per RN)
    - 20%  $\downarrow$  risk of death in medical wards (RR 0.80, p<0.001)
    - $17\% \downarrow$  risk of death in surgical wards (RR 0.83, p=0.049)
  - for each additional patient = 7%  $\uparrow$  risk of inpatient death <30 days (OR=1.068, 95% CI 1.031-1.106)
- are well educated <sup>1,2,3,4</sup>
  - $\uparrow$  degree prepared nurses (RNs) =  $\downarrow$  mortality
  - every 10%  $\uparrow$  in BN RNs = 7%  $\downarrow$  risk of inpatient death <30 days (0.929, 0.886–0.973)
- have effective inter-professional relationships <sup>5,6</sup>
- have appropriate skill mix <sup>7,8,9</sup>
  - $\uparrow$  proportion of RNs =  $\downarrow$  LOS,  $\uparrow$  pain management
    - =  $\downarrow$  infections (pneumonia, UTI, blood-stream infections),  $\downarrow$  GI bleeding,
    - =  $\downarrow$  falls,  $\downarrow$  medication errors

<sup>1</sup>Griffiths et al. 2015 *BMJ Open* <sup>2</sup> Aiken et al. 2003 *JAMA* <sup>3</sup> Aiken et al. 2014 *Lancet* <sup>4</sup> Tourangeau et al. 2002 *Can J Nurs Res* <sup>5</sup> Estabrooks et al. 2005 *Nurs Res* <sup>6</sup> Riskin et al. 2015 *Pediatrics* <sup>7</sup> Needleman et al. 2002 *NEJM* <sup>8</sup> McGillis Hall et al. 2003 *Medical Care* <sup>9</sup> Seago et al. 2001 *Health Serv Res* 

# **NURSES & DIAGNOSIS**

Traditional notion of diagnosis

- diagnosis of specific conditions
- based on clinical, biochemical and radiological criteria
- traditionally the domain of medicine .... now seen as a collaborative endeavour

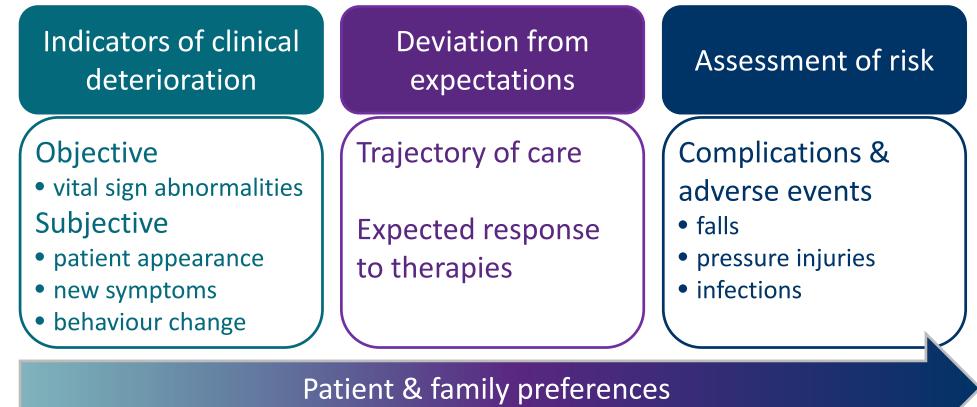


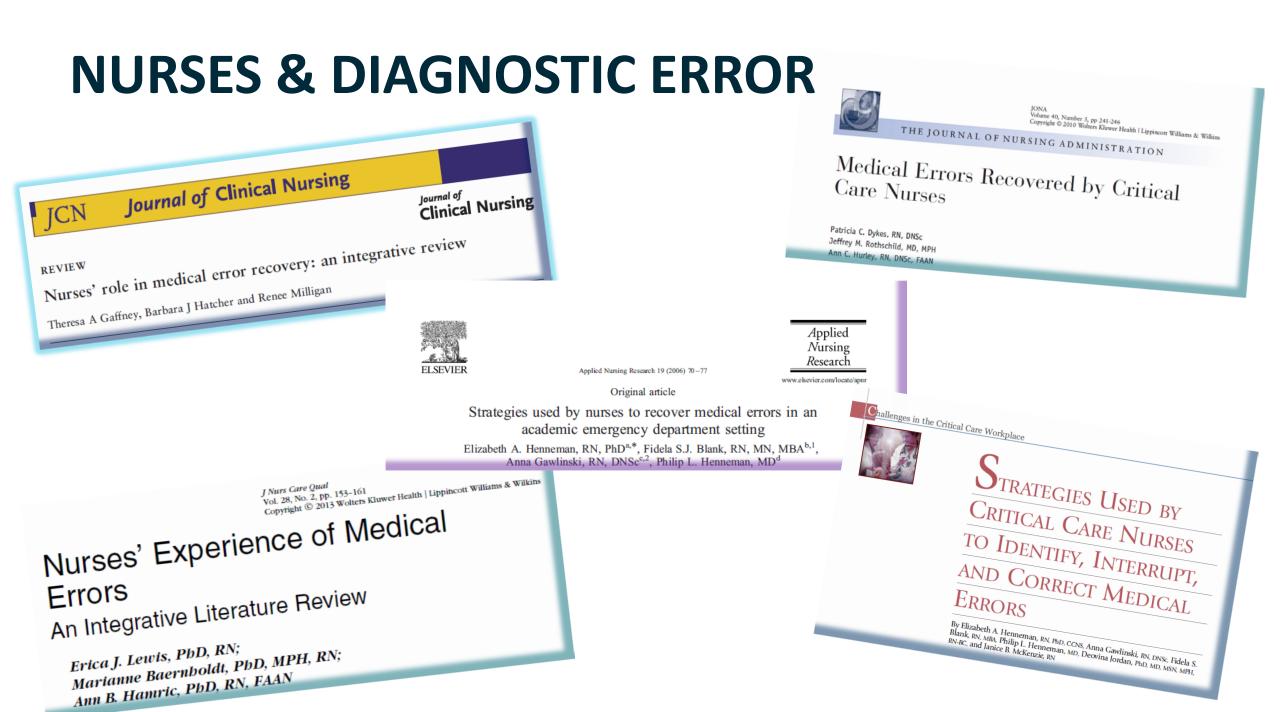


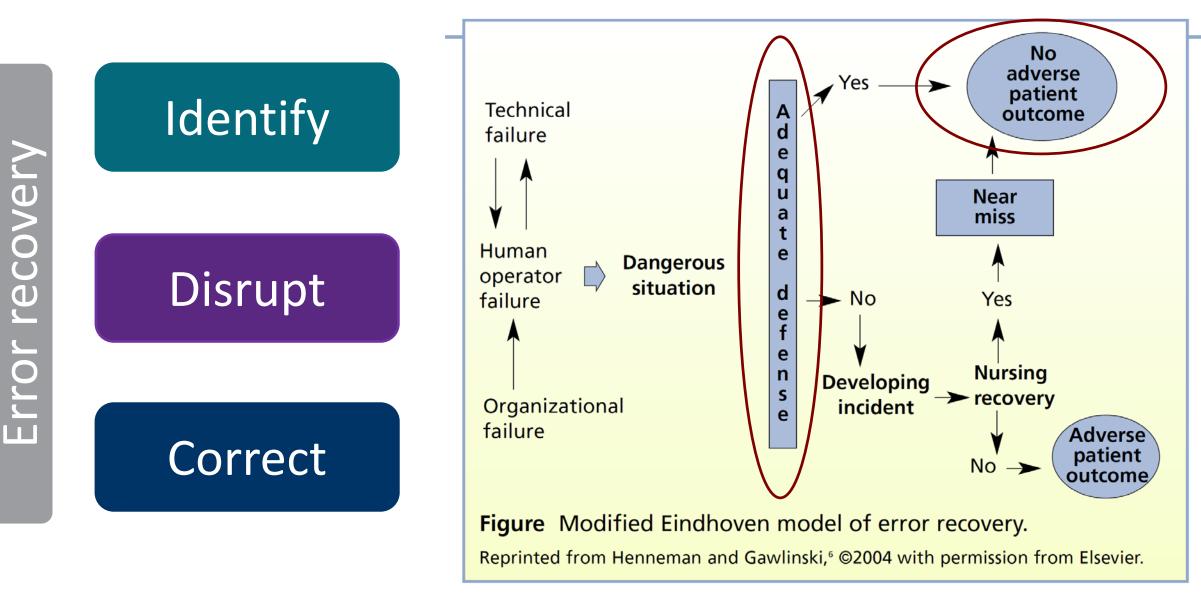
## **NURSES & DIAGNOSIS**

Nurses diagnose patient safety states

- deterioration, recovery & wellness
- do not fit traditional notion of diagnosis = both processes & outcomes







### **Recovery of medical errors - ICU**

- aim to establish type, frequency, & severity of medical errors recovered in ICU over 1 year
- survey of 45 critical care RNs using Recovered Medical Error Inventory
- 18,578 medical errors were recovered
  - many related to diagnostic error

Table 2.Number of Recovered MedicalErrors

Recovered Medical Error Inventory Item	Number Recovered <sup>a</sup>
Aversive symptoms mismanaged	1,386
Coexisting health issues mismanaged	1,053
Improper precaution technique used	1,013
Invasive monitoring or therapy	870
incorrectly timed	
Necessary medication titration	820
not ordered	
Physical examination absent or	816
incomplete	
Risky action could lead to potential	812
complication	
Prophylactic measures not ordered	800
Incorrect IV volume ordered	781
Vital signs interpreted incorrectly	779
Electrolyte replacement ordered	751
incorrectly	
Incorrect dose of medication ordered	729
Medical record used or interpreted	716
incorrectly	
Laboratory data used or interpreted	709
incorrectly	
Unsafe transfer decision made	706
Inappropriate medication not	706
discontinued	
Needed medication not ordered	679
Standardized protocol not adjusted	672
Order for diagnostic test delayed	645
Medication ordered for wrong patient	603
Inadequate technique used for invasive	600
procedure	
Clinical signs misinterpreted	513
Contraindicated medication ordered	508
EKG strip used or interpreted incorrectly	465
Malfunctioning device not identified	446
U C	

Dykes et al. 2010. J Nurs Admin

Recovery of medical errors – medical-surgical wards

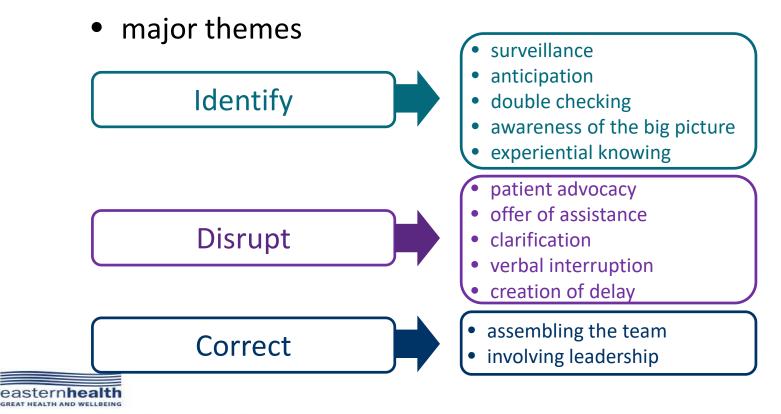
- survey of 184 medical-surgical nurses
- 3,392 errors recovered over 3 months (~13,568 pa)
- ↑ education & expertise = ↑ error recovery
  - BN nurses\* = 1.5x higher error recovery (IRR = 1.5, 95% CI: 1.1-1.2, *p* = 0.016)
  - MN & Doctoral nurses\* = 1.9x higher error recovery (IRR = 1.9, 95% CI:  $1.2-2.9, p \le 0.005$ ).

\* compared to associate or diploma trained nurses

- expert nurses = 4x error recovery rate of novice nurses (IRR = 4.1, 95% CI: 1.9-9.1, p  $\leq$  0.001)
- no significant relationships: age, hospital tenure, specialty tenure, certification, or personality
- $\uparrow$  workload =  $\downarrow$  error recovery
  - nurses with higher patient ratios recovered fewer errors (rs = -0.280, p  $\leq 0.001$ )

Recovery of medical errors – emergency department

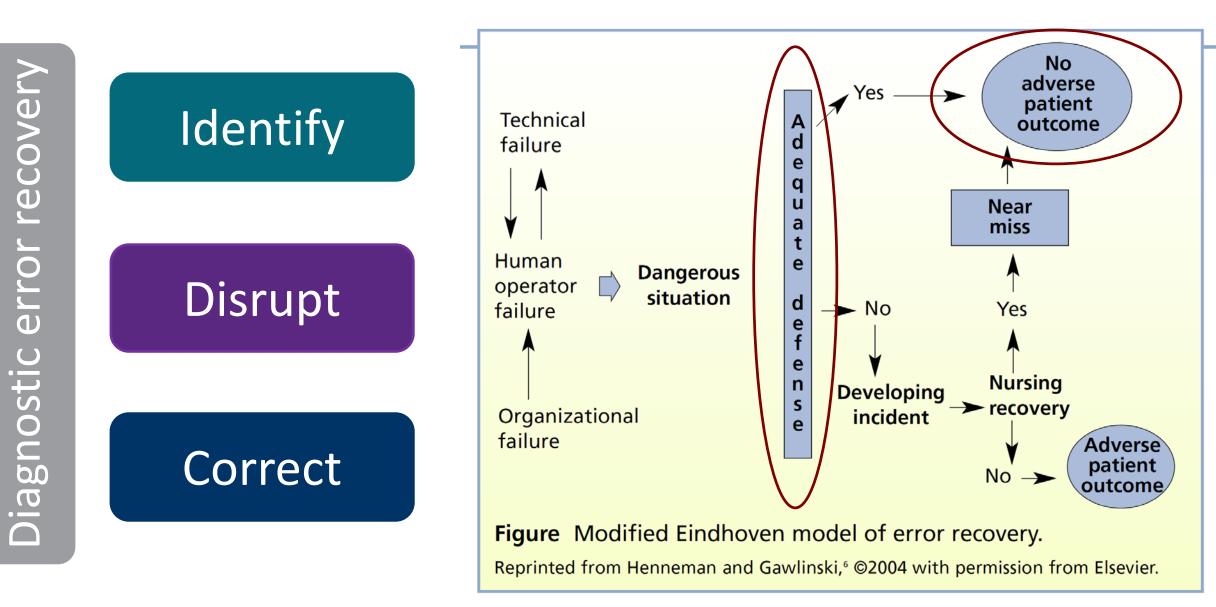
- aim to explore how nurses recover medical errors in the ED
- focus groups with 20 ED nurses



Henneman et al. 2006. App Nurs Res



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# NURSES: IDENTIFYING DIAGNOSTIC ERROR

#### Knowing

- patient & family
- clinicians & other team members
- environment
- organisation
- expected clinical course

#### Surveillance<sup>1</sup>

- purposeful & ongoing
- acquisition, interpretation, synthesis of patient data
- for clinical decision making

#### NOT monitoring

clinician observes, measures, &

records patient data

### Questioning

- self
- patient & family
- other nurses
- other clinicians



Error detection by nurses is increased by positive work environment & relationships

engaged nurses, collaborative relationships, nurses supported by management, strong safety culture



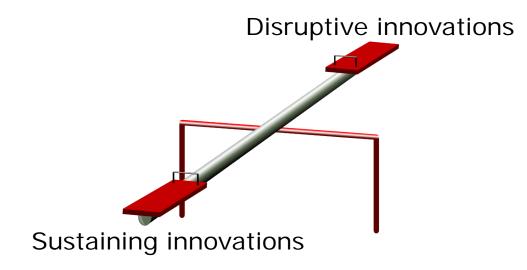
Error detection by nurses is decreased by task stressors

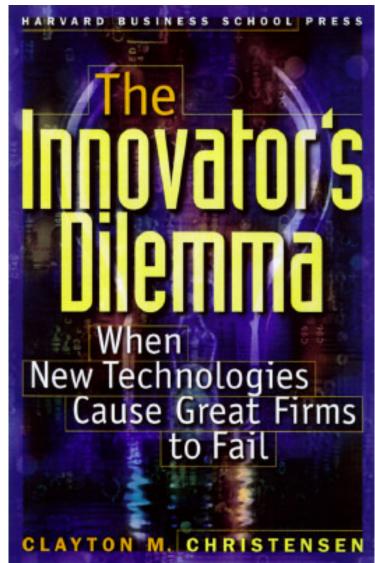
frequent interruptions, time pressure, performance constraints & task uncertainty

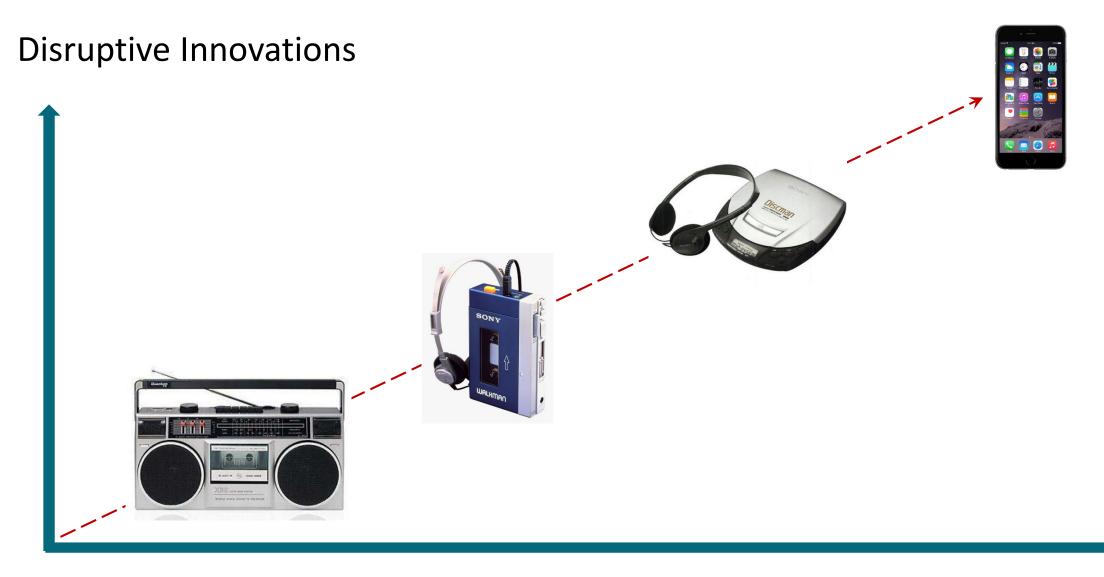


### **Disruptive Innovations**

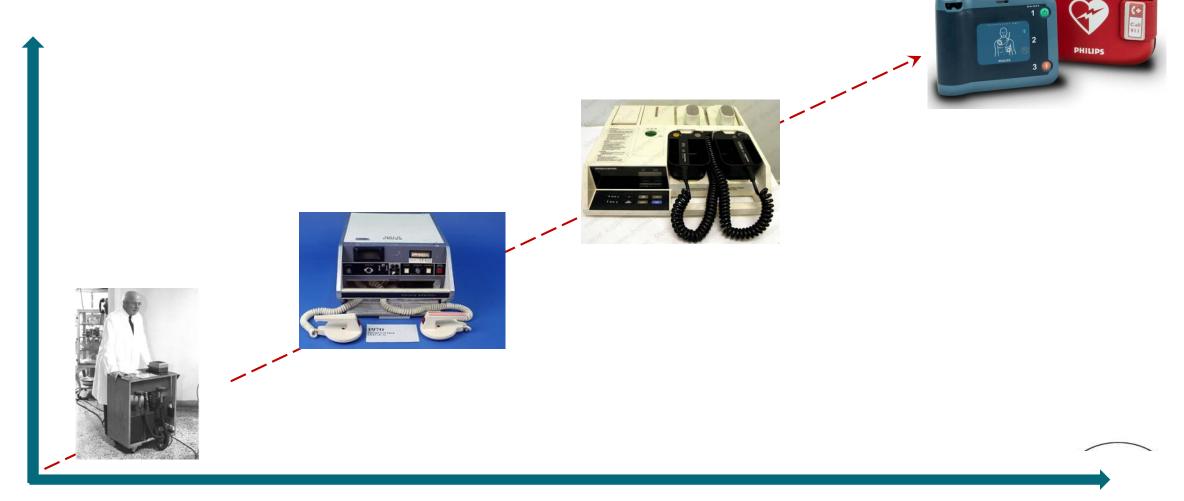
- an innovation that creates a new market by applying a different set of values, which ultimately (and unexpectedly) overtakes an existing market
- often used to describe technological advances



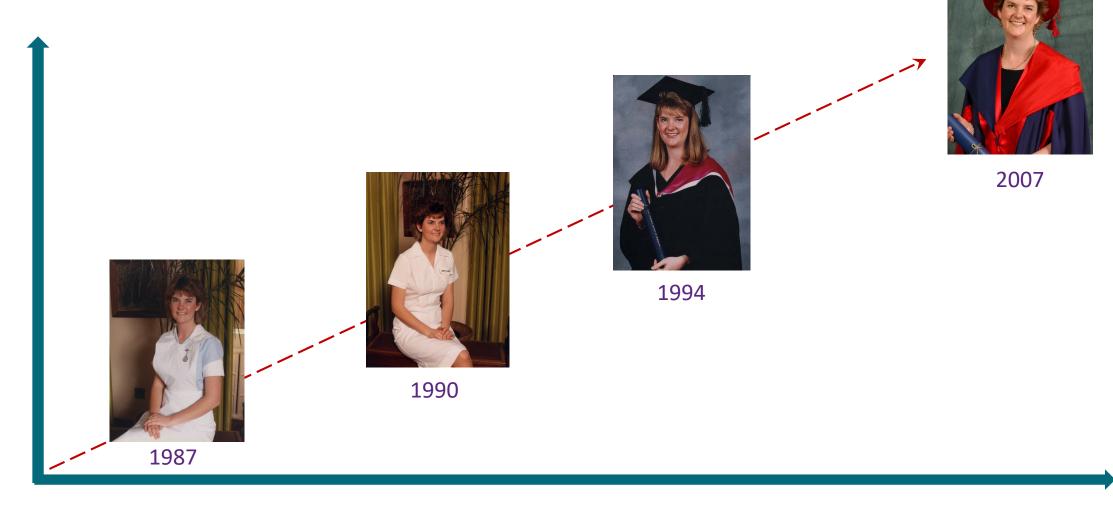




### **Disruptive Innovations**



Are nurses a disruptive innovation in diagnostic error?



### Collaboration & clear communication

Probe	Were you aware that this patient's respiratory rate is 32?	
Alert	I'm concerned, their respiratory rate has been increasing all day	
Challenge	We urgently need to work out why this patient is getting sicker	
Emergency	We need to call	

# **NURSES: CORRECTING DIAGNOSTIC ERROR**

### Correcting errors

- tenacity & perseverance
  - multiple calls or pages = something is wrong = pay attention if you are the receiver
- physical presence
  - nurses favour face-to-face communication
- confirming or reviewing the plan of care
- collaboration
  - offering options & alternatives
  - involving other team members





### IT TAKES A TEAM TO KEEP PATIENTS SAFE









### **QUESTIONS? COMMENTS?**



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