### CATCH ME...(IF YOU CAN)

The Impaired Provider

APRN Roundtable NCSBN April 11, 2023



#### INTRODUCTIONS

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# APRNs/ SUD and 6 Things To Know

- 1. "Our" Story
- 2. SUD In America
- 3. SUD in our Profession
- 4. A Choice or a Disease?
- 5. Managing the Impairment
- 6. Expert Knowledge



## 1. "OUR" STORY



### 2. SUD IN AMERICA



### SUBSTANCE USE DISORDER,

THE TIES THAT BOND

1:3 People (33%) personally know someone with SUD

1:7 People (15%) live with someone suffering with SUD

1:10 People (10%) meet the DSMV Criteria for a diagnosis of SUD

- National Institute on Drugs Abuse
- National Safety Council





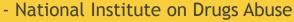
### A CULTURE OF CONSUMPTION

80% of World's Opiates

90% of World's Hydrocodone

1% of Providers Prescribe ½ of all Doses

80% of World's Amphetamines



- National Safety Council



## 3. SUD WITHIN OUR PROFESSION



## PERCEPTION OF SUBSTANCE USE DISORDER

**DISHEVELED** 

**DEGENERATE** 

**UNEMPLOYED** 

**CRIMINAL** 

**IRRESPONSIBLE** 

**DIRTY** 



# SUBSTANCE USE DISORDER

- Intelligent, top 25% of class
- Well liked and Respected
- Supervisors and Manager
- Advanced Degrees
- Top performers



# SUBSTANCE USE DISORDER- Risk Factors

- Health Care Provider (15%-20%)
- Access
- Knowledge
- Stress
- · H.A.L.T



# SUBSTANCE USE DISORDER- Risk Factors

- Recent Traumatic Life Event
- Co-occurring Mental Health
- Feeling of Exhaustion / Stress
- Changes in Practice Habits
- Errors in Charting



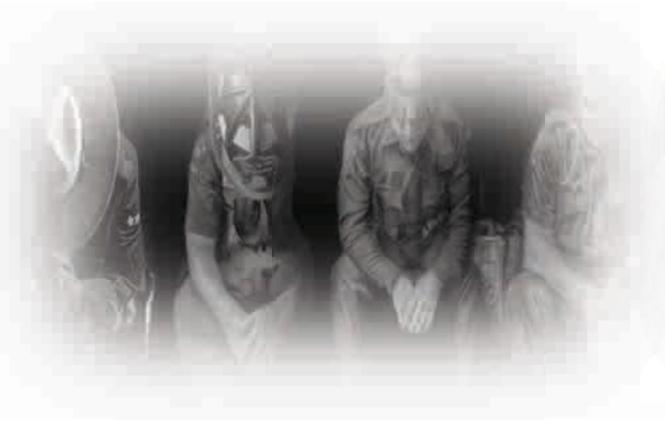
(Community Health Network/ Parkdale)

### 9/11

- HEROES
- BRAVE
- FEARLESS
- SELFESS
- LONG HOURS
- LESS SLEEP
- REWARDED
- CELEBRATED
- THANKED

- MENTAL HEALTH
- SEVERE DEPRESSION
- DIVORCE
- ALCOHOLISM
- DRUG ABUSE
- BANCKRUPCY
- SUICIDE
- ADDICTION/ DIVERSION

**COVID** 





## By the Numbers

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Certified Registered Nurse Anesthesiologist 59,000
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Certified Nurse Practitioner 355,000

Certified Nurse Midwife 12,300

Certified Nurse Specialist 89,000

Total- 515,300

15% SUD= estimated 77,295

CRNAs= ~8400 expected SUD ~150 Calls/ Year ~70 see Treatment

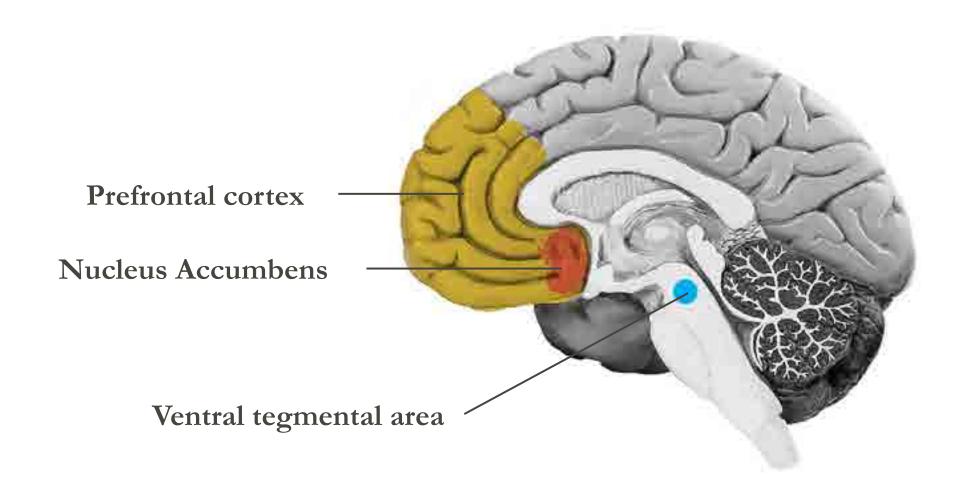
Indiana Nurses ~ 109,000 (15% or 16,300) Indiana APRN~ 7,746 (15% or 1,160) IPRP= 400 participants (23% APRN's)



#### 4. A CHOICE OR A DISEASE

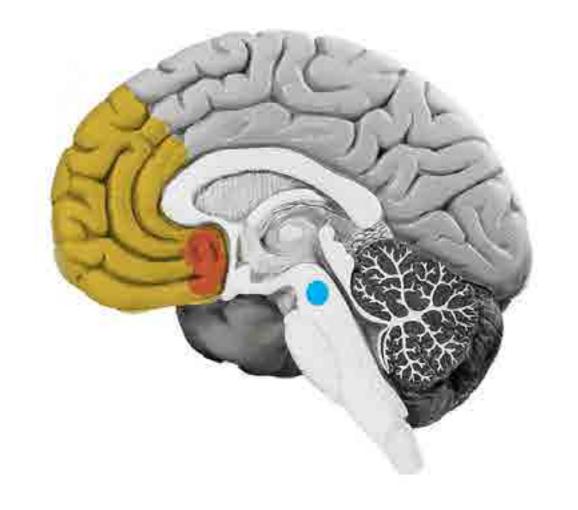
"Although the initial act is voluntary, cessation of the disease process is not" Gabor Mate, MD





Risk Factors
Genetic Components
Signs and Symptoms
Diagnostic Testing
Treatment Plans
Prognosis
Relapse Rates
Recovery Rates

### The Dopamine Effect



Reading, Laughing	50ug
Smelling Flowers	
Hugging, Connections	100ug
Food	150ug
Sex/ Procreation	200ug
Tobacco	300ug
Alcohol	350ug
Cocaine	400ug
Opiates	450ug
Methamphetamines	1200ug



## 5. Managing the Impairment

To Hire or to Fire



# FATE OF THE PROVIDER

- LICENSING BOARDS
- OAG
- LEGAL
- ATD
- EMPLOYER
- CREDENTIALING
- NPDB
- OIG
- TREATMENT CENTER



# FATE OF THE PROVIDER



TREATMENT CENTER

**EMPLOYER** 

Reporting Requirements
Compassionate Care

ATD, LEGAL

TX CENTER, BON

**Reporting Requirements** 

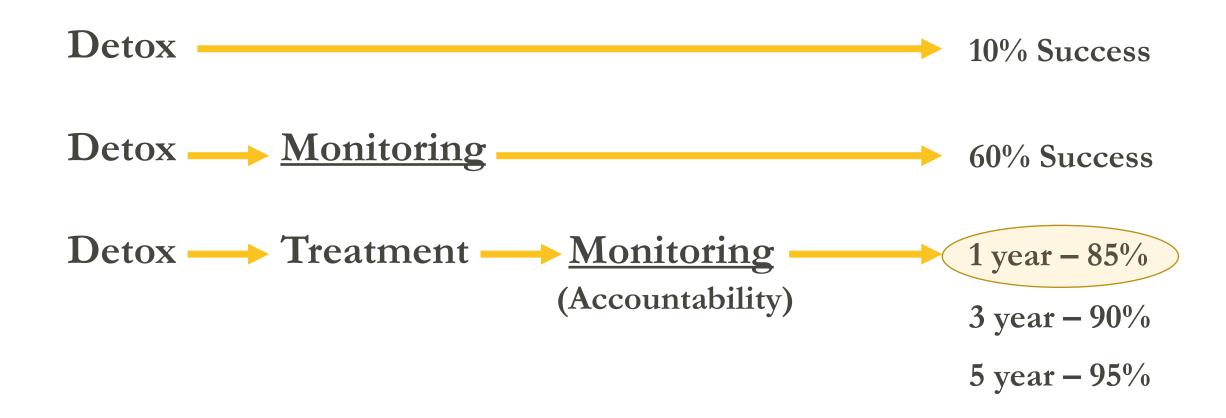
LICENSING BOARDS, LEGAL

OIG, OAG, NPDB

**CREDENTIALING** 



### BY THE NUMBERS



# ATD- Alternative to Discipline Program

"The mission of NOAP is to promote public safety through participation of healthcare professionals in monitored rehabilitation and recovery as an alternative to license discipline; emphasizing fitness to practice and retention of competent professionals."

	Satisfy Reporting Requirements	Access to Treatment	Monitors Reentry to Practice	Provides advocacy for legal matters	Provides advocacy for licensure	True Alternative to Discipline Prgm
ATD is Third Party BON Monitored	Yes	Yes	Yes	Yes, compliance reports and professional statements	Yes, compliance reports and professional statements	Yes, reports to appropriate party if noncompliant
ATD is run by the BON	Yes	Somewhat	Yes	Compliance Reports	Not Necessary	Not Necessary
ATD not available, BON manages	Yes	Not Necessarily	Somewhat	No	Not Necessary	No

https://alternativeprograms.org

http://peerassistance.aana.com/directory.asp?State=All



### 6. The Future of APRNs

Provider Wellness







Every 20 minutes someone overdoses and dies in the United States. By the time We have completed this presentation, three Lives have been lost and three families Will never be the same. Thank you, from The bottom of our hearts for Allowing us to share our story and thank You for your willingness to make a difference.

Rigo & Claudia



## Thank you for your attention

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Questions?

